



Lake School Menu



November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast: Bear Paws, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Chili Beans, Gr. Salad, Corn, Pears, Corn Muffin, Milk	2 Breakfast: Muffin, Or Cereal, Yogurt, Fresh Fruit, Juice, Milk Lunch: Grilled Cheese Sand, Gr. Salad, Baby Carrots, Fruit, Milk
5 Breakfast: French Toast Sticks, Or Cereal, St. Cheese, Fresh Fruit, Juice Lunch: Chicken Burrito Bowl, Gr. Salad, Corn, Corn Chips, Peaches, Milk	6 Breakfast: Cinnamon Roll, Or Cereal, Fresh Fruit, Juice, Milk Lunch: BBQ Chicken Sand., Gr. Salad, Carrots, Pears, Milk	7 Breakfast: Bagel w/cream cheese, Or Cereal, Fresh Fruit, Juice, Milk Lunch: French Bread Pizza, Gr. Salad, Mixed Veg, Pineapple, Milk	8 Breakfast: Breakfast Sandwich, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Chicken Pasta, Gr. Salad, Gr. Beans, Mixed Fruit, Roll, Milk	9 Breakfast: Breakfast Pizza, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Sloppy Joe, Gr. Salad, Baby Carrots, Fruit, Milk
Veteran's Day	12	13 Breakfast: Pancake & Sausage on a stick, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Soft Taco, Gr. Salad, Refried Beans, Pears, Milk	14 Breakfast: Yogurt Parfait, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins, Roll, Milk	15 Breakfast: Biscuits w/Gravy, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Turkey Gravy, Mashed Potatoes, Gr. Salad, Apple Crisp, Roll, Milk
	16 Breakfast: Muffin, Or Cereal, Yogurt, Fresh Fruit, Juice, Milk Lunch: Pulled Pork Sandwich, Gr. Salad, Baby Carrots, Fruit, Milk			
19	Thanksgiving Break			23
20	26 Breakfast: Oatmeal, Or Cereal, String Cheese, Fresh Fruit, Juice, Milk Lunch: Baked Ham, Gr. Salad, Rice Pilaf, Mixed Veg, Pineapple, Milk	27 Breakfast: Lemon Scone, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Nachos, Gr. Salad, Refried Beans, Mixed Fruit, Milk	28 Breakfast: Breakfast Bun, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Spaghetti, Gr. Salad, Gr. Beans, Pears, Breadstick, Milk	29 Breakfast: Waffles, Or Cereal, Sausage, Fresh Fruit, Juice, Milk Lunch: BBQ Baked Chicken, Mashed Potatoes W/Gravy, Gr. Salad, Peaches, Roll, Milk
				30 Breakfast: Breakfast Pizza, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Hot dog, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk

Breakfast price is \$2.00 - Lunch is \$2.75 x 16 days in November = \$76.00 Total!

Grab & Go Breakfast for \$2.00! (4th – 8th Grade)

UBR Cookie, Fruit, Juice, Milk	Muffin, Fruit, Juice, Milk	Graham Cracker, Yogurt, Fruit, Juice, Milk	Granola Bar, Cheese Stick, Fruit, Juice, Milk	Uncrustable, Fruit, Juice, Milk
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**This institution is an equal opportunity provider and employer
 ** Menu subject to change on any given day. Notice will be given if possible. ****